

You are invited to attend a "FREE"  
introductory presentation for...

# Parents-to-be & New Parents

Infant specialist **Elizabeth Memel, M.A.** presents an approach to infant caregiving that helps raise confident and secure children. The RIE Parenthood Program for families with children from birth to age two offers guidance on forming respectful & trusting relationships that best meet your baby's needs AND yours.

Come hear about the actual attachment theory that research attributes to infancy --the most formative stage in life--the time when basic patterns of coping, living and learning are set.

## free intro presentation

sun., march 5<sup>th</sup>, 12:00 pm - 1:30 pm

## class schedule

sat., march 25<sup>th</sup>, 12:00 pm - 2:00 pm

thu., march 30<sup>th</sup>, 7:00 pm - 9:00 pm

sat., april 1<sup>st</sup>, 12:00 pm - 2:00 pm

thu., april 6<sup>th</sup>, 7:00 pm - 9:00 pm

## cost / 4 class series

\$50 before March 18<sup>th</sup>, \$60 thereafter

Please call **805.646.0441**

...to pre-register for this family event

~ **yoga jones studio 105 s. oak st. #200, ventura** ~

**Elizabeth Memel, M.A., RIE Associate** [www.rie.org](http://www.rie.org)

New RIE parent support groups at Yoga Jones for either pre-natal families or post-natal families with parents & infants together are currently registering.